



W-MAIL INBOX We love to hear from our readers!

10 her story His Glory

Pattie Mallette tells her story of overcoming struggles to become the mother of the nation's top young pop singer, Justin Bieber.

FASHION

Working for the weekend.

BEAUTY Makeup that will make you spring to life!

SPIRIT Feeling beautiful when life seems like a roller coaster.

SOUL 24 Beauty in authenticity.

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PRAISE Finding peace in the midst of it all.

WELLNESS How the media distorts our view of beauty.

SPEAK UP

De-clutter your life and home for peace of mind.

RESILIENCE

Four ways to reduce stress in the midst of a challenge.

GRACE God has a plan for you right now!

**GET INSPIRED** 

Traditions are passed down to us from our mothers.

WEIGH IN

Do you ever really feel beautiful?

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was called to help, serve, and provide hope for struggling

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> I'm unrecognized, unrewarded and underpaid!

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## **ABOUT THE COVER**

Cover model Pattie Mallette is best known as Justin Bieber's mom, but she is a bestselling author in her own right! Learn about Pattie's life and how her faith has seen her through some very tough times. Read her tips on dealing with your own struggles. Full article on page 10.